

## Curriculum Vitae

### Lena Sharp, RN., Ph D.

---

<b>Business Address</b>	Karolinska University Hospital, Huddinge Department of Oncology/Radiotherapy SE-118 83 Stockholm Sweden
<b>Date of Birth</b>	October 18, 1963
<b>Citizenship</b>	Swedish
<b>Present position</b>	Head Nurse Dep of Oncology/Radiation therapy Karolinska University Hospital
	Board member of The Swedish Cancer Nurses Society, since April 2005
	President elect 2006-2008
	President 2008-2010
	Past president 2010-
	Member of the Swedish Nurses Scientific Committee 2009-
	Ph D Dissertation January 2006 entitled <i>Nursing Care for Patients with H&amp;N Cancer Undergoing Radiotherapy.</i>
<b>Clinic/Practice</b>	Nursing Case Manager for Head and Neck Cancer patients from 1996 to 2005 Developed and Implemented a Smoking Cessation program for Cancer patients on going since 2000
<b>Education</b>	Registered Nurse, Karolinska Inst. 1985 Cancer Care Specialist, Karolinska Inst. 1989 Bachelor degree in Nursing, Karolinska Inst. 2001 Master degree in Nursing, Karolinska Inst. 2002 Doctoral degree, Karolinska Institute 2006

<b>Doctoral courses</b>	How to Write and Publish a Scientific Paper, 1 c	2002
	Qualitative research, 4 c	2003
	Research Strategies and Design, 5 c	2003
	General Science, 5 c	2004
	Data collection and Analysis II, 5 c	2004

### **International Conferences**

ECCO 7, Cancer Conference Florens, Italy	1991
ASTRO 39, Cancer Conference, Orlando USA	1997
ESTRO 17, Cancer Conference, Edinburgh, Scotland	1998
ECCO 10, Cancer Conference, Vienna, Austria	1999
12 th International Conference in Cancer Nursing, London, England	2002
The Swedish Oncology Nursing Society, 5 <sup>th</sup> National Conference in Cancer Nursing, Gothenburg, Sweden <i>Poster Presentation</i>	2002
Scandinavian Society for Head and Neck Oncology, May meeting Iceland <i>Oral Presentation on Continuum of Care for Patients with H&amp;N cancer</i>	2002
Scandinavian Society for Head and Neck Oncology, May meeting, Trondheim, Norway	2003
Society for Research on Nicotine and Tobacco 10 <sup>th</sup> meeting, Padua, Italy	2003
The Symposium on Advanced Wound Care, Lake Buena Vista, Florida <i>Poster presentation (radiation skin reactions)</i>	2004
The Swedish Oncology Nursing Society, 6 <sup>th</sup> National Conference in Cancer Nursing, Stockholm, Sweden <i>Oral Presentation (smoking cessation)</i>	2004
13 th International Conference in Cancer Nursing, Sydney, Australia <i>Oral presentation (Care Diaries for Patients with H&amp;N Cancer)</i>	2004
ESTRO 23, Cancer Conference, Amsterdam, The Netherlands <i>Oral presentation on Smoking Cessation for Cancer Patients</i>	2004
1 <sup>st</sup> Symposium on Risk Reduction of Tobacco Consumption, Trondheim, Norway. The Norwegian technical- scientific University. <i>Oral presentation on Smoking Cessation for Cancer Patients</i>	2005
11 <sup>th</sup> Annual Meeting held jointing with the 7 <sup>th</sup> Annual SRNT European Conference, Prag Czech Republic. Society for Research on Nicotine and Tobacco	

<i>Poster presentation</i>	2005
ECCO 13 30 October-3 November Paris <i>Poster Presentation (Radiation skin reactions)</i>	2005
The Swedish Oncology Nursing Society, 7 <sup>th</sup> National Conference in Cancer Nursing, Göteborg, Sweden <i>Two Oral Presentations and one Poster Presentation</i> <i>Oral Care and Nursing Care in High Tech Radiotherapy environment</i>	2006
UICC World Cancer Congress, Washington, July <i>Invited speaker (smoking cessation)</i>	2006
ESTRO 25 Leipzig, Germany, October <i>Invited speaker in Symposium: Clinical and Psychosocial Support and pre-teaching course entitled: Improving treatment delivery: patient and treatment factors</i>	2006
National Conference, Malmö/Sweden Swedish ENT Nurses Society <i>Invited Speaker</i> <i>Nursing Care for H&amp;N cancer patients</i>	2007
MASCC 20 <sup>th</sup> Anniversary International Symposium Supportive Care in Cancer St Gallen/Switzerland <i>Invited speaker and poster presentation.</i> <i>(Early Rehabilitation for Patients with H&amp;N Cancer)</i>	2007
ECCO 14, Barcelona/Spain <i>Smoking Cessation integrated in Cancer Care (invited speaker)</i> <i>Information needs for patients with prostate cancer (poster)</i>	2007
The Swedish Oncology Nursing Society, 8 <sup>th</sup> National Conference in Cancer Nursing, Stockholm, Sweden <i>Oral presentation; implementing guidelines for skin care</i> <i>Oral presentation; increased working/opening hours at a radiotherapy unit</i> <i>Benefits and costs</i>	2008
15 th International Conference in Cancer Nursing, Singapore. <i>Oral presentation (Smoking Cessation)</i> <i>Poster (Ethical issues in a Radiotherapy setting)</i>	2008

ESTRO 27, Göteborg, Sweden

*Invited speaker*

*teaching course (Oral care) and seminar in smoking cessation*

2008

PREVENT 2 , Brussels, Belgium

*Invited speaker*

*Smoking cessation*

2009

ECCO 15, Berlin/Germany

*Evolving the Paradigm in management of Radiation Side effects (invited speaker)*

2009

16 th International Conference in Cancer Nursing, Atlanta/USA

*Oral presentation (Communication and patient safety in cancer care)*

*Poster presentation (Can a new work schedule model for cancer nurses reduce waiting times and improve the work place environment? )*

2010

### Other teaching activities

Topic	Audience	Time	Year
Smoking Cessation	Medical School, KI*	90 min x 5	2006
Smoking Cessation	Lunds University, post-graduate program in oncology nursing	60 min	2006
Smoking Cessation	Karolinska University Hospital, Dep of oncology, out- patient clinic	60 min x 5	2005- 2006
Smoking Cessation	Karolinska University Hospital, Dep of oncology, radiotherapy unit	60 min x 3	2006
Nursing Care in Radiotherapy	Karolinska University Hospital, Dep of oncology	60 min x 2	2006
Nursing Care in Radiotherapy	Sahlgrenska University Hospital, Dep of oncology	60 min	2006
Nursing Care in Radiotherapy	Lunds University, post-graduate program in oncology nursing	90 min	2006
Oral Care	Lunds University, post-graduate program in oncology nursing	60 min	2006
Smoking Cessation	Lunds University, post-graduate program in oncology nursing	60 min	2007
Oral Care	Lunds University,	60 min	2007

	post-graduate program in oncology nursing		
Communication in Cancer Care	Lunds University, post-graduate program in oncology nursing	60 min	2007
Nursing Care in Radiotherapy	Lunds University, post-graduate program in oncology nursing	60 min	2007
Nursing Care in Radiotherapy	Karolinska University Hospital, Dep of oncology	60 min x 3	2007
Smoking Cessation	Linköping university hospital and Linköping University, post-graduate program in oncology nursing	120 min	2007
Oral care	Sahlgrenska university hospital, Dep of hematology Clinical education for nurses, dentists and physicians	180 min	2007
Smoking Cessation	Karolinska University Hospital, Dep of oncology, radiotherapy unit	60 min x 3	2007
Smoking Cessation	Växjö hospital and Ljungby hospital	60 min x 4	2008
Oral care	Karolinska University Hospital, Dep of oncology, for physicians undergoing specialist training in Oncology	60 min x 2	2008
Nursing Care in Radiotherapy	Karolinska University Hospital, Dep of oncology	60 min x 3	2008
Oral Care	Karolinska Institute	60 min x 2	2008
Smoking Cessation	Ryhovs hospital, Jönköping	60 min x 2	2008
Smoking Cessation	Borås Hospital	120 min	2009
Smoking Cessation	The Swedish Network for Tobacco Control	60 min	2009
Smoking Cessation	The Swedish Network for Nurses in Lung Cancer Care	30 min	2009
Radiotherapy and lung cancer	The Swedish Network for Nurses in Lung Cancer Care	60 min	2009
Smoking Cessation	Swedish nurses against tobacco	30 min	2009
Skin Care and Radiotherapy	Karolinska University Hospital, Dep of oncology	120 min	2010
Leadership and nurses professional roles	The Swedish Nurses union	180 min	2010
Smoking cessation and cancer	Malmö/Lund University Hospital	90 min	2010
Nursing and radiotherapy	EONS E-learning tool (launched in may 2010)		2010

\* Karolinska Institute

### **Published Papers**

1. When does my treatment start?- The continuum of care for patients with head and neck cancer. Sharp et al. Published in *Radiotherapy and Oncology* 63 (2002) 293-297.
2. Care Diaries: A way of increasing head and neck cancer patient's involvement in their own care and the communication between caregivers. Sharp et al. Published in *Cancer Nursing* 27 (2) 2004 119-126.
3. Randomized Trial on two Types of Thermoplastic Masks for Patient Immobilization during Radiation Therapy for Head and Neck Cancer. Sharp et al. Published in *International Journal of Radiation Oncology \* Biology \* Physics* (2005) Vol.61 No 1. pp. 250-256.
4. Smoking Cessation for Patients with Head and Neck Cancer – A qualitative Study of Patients' and Nurses' Experiences in a Nurse-led Intervention. Sharp & Tishelman. *Cancer Nursing* 28 (3) 2005 226-235.
5. Smoking Cessation among Patients with Head & Neck Cancer, - Cancer as a "Teachable moment". Sharp et al. *European Journal of Cancer Care* Sept 2007.
6. A study to evaluate nurse-led on-treatment review for patients undergoing radiotherapy for head and neck cancer. Wells, M., Donnan, P.T., Sharp, L., Ackland, A., Fletcher, J., Dewar, *Journal of Clinical Nursing*. E-published in December 2007.
7. Supportive Care for Patients with Head and Neck cancer undergoing Radiotherapy. Sharp, L. *ESTRO newsletter, Radiotherapy Technologists News*. Winter 2006 p. 18-20.
8. Smoking Among Head and Neck Cancer Patients: What can nurses do? Sharp, L. *ORL- Head and Neck Nursing*, Fall 2006, Volume 24, Number 4. p. 10-16.
9. Guidelines for the Assessment of Oral Mucositis in Adult Chemotherapy, Radiotherapy and Hematopoietic Stem Cell Transplant Patients. Quinn, B., Potting, C., Stone, R., Blijlevens, N., Fliedner, M., Margulies, A., Sharp, L. Published in *European journal of Cancer* 44 (2008) 61-72.
10. Exploratory study on the predictive value of systematic inflammatory and metabolic markers on weight loss in head nad neck cancer patients undergoing radiotherapy. Ylva Tiblom Ehrsson & Per M. Hellström & Kerstin Brismar & Lena Sharp & Ann Langius-Eklöf & Göran Laurell. *Support Care Cancer*. Accepted: 30 September 2009.

DOI 10.1007/s00520-009-0758-4.

### **Manuscript in progress**

1. Rehabilitation management of head and neck cancer patients – an integrated program for early rehabilitation of patients undergoing single or multiple modality treatment at one head and neck cancer centre in northern Europe. Alexander Ahlberg, Therese Engström, Polymnia Nikolaidis, Karin Gunnarsson, Hemming Johansson, Lena Sharp, Göran Laurell.
2. Morbidity of the neck-dissection combined with radiotherapy for head and neck cancer, a prospective longitudinal study. Alexander Ahlberg, Polymnia Nikolaidis, Therese Engström, Karin Gunnarsson, Hemming Johansson, Lena Sharp, Göran Laurell.
3. Patient safety and communication within and between different professional groups relevant to radiotherapy. A qualitative analysis from focus group discussions with patients and staff. Helena Gustafsson, Lena Sharp, Catarina Widmark, Carol Tishelman.

### **Other publications**

Strålbehandling. *Degerfält, J., Moegelin, I-M., Sharp, L. 2008. Studentlitteratur. Lund. Sweden. Teaching book in radiotherapy and nursing care*

*When Chicken Soup isn't Enough. Stories of Nurses Standing Up for Themselves, Their Patients and Their Profession. Gordon, Suzanne (Ed.) ILR Press 2010. Short book chapter, p.191-194.*

### **On going research and development projects**

1. Communicate Better: Developing a Shared and Improved Communication Culture for improved patient safety at the Radiotherapy (RT) Dept (Oncology) at Karolinska University Hospital. Research and care development financed by the Swedish Cancer Society.
2. Randomised, blinded phase III trial of Calendula Officialis compared with aqueous cream for the prevention of acute skin reactions in relation to radiotherapy for breast cancer.

### **Previous Positions**

Clinical nurse, Södersjukhuset,

Cancer ward	1985 –1988
Radiotherapy Nurse, Dep of Oncology Huddinge University Hospital	1989 – 1996
Assistant Head Nurse, Dep of Oncology Huddinge University Hospital/Karolinska University Hospital	1996 –2004
<b>Supervision</b>	
Supervisor of Master Thesis in Nursing Radiotherapy induced nausea and vomiting -Nursing aspects Kerstin Liden	2007-2010
Supervisor of Master Thesis in Nursing Sexuality and Radiotherapy Anne-May Ryytty	2008-2010
Supervisor of Bachelor Thesis in Nursing Arm and shoulder mobility among breast cancer patients Kersti Hjukström	2009
Supervisor of Master Thesis in Nursing Information needs and decision-making among patients with prostate cancer Sakarias Johansson	2009-2010
	Stockholm May 2010